

GROUNDED

DAVE & BETH POCTA

Household Atmosphere

A Bible Study

INTRODUCTION

Our home atmosphere is directly related to our personal relationship with God. In this Psalm, we see David express his devotion to God and see the results of his faith. It is important to remember that this spiritual state did not always describe David nor does it always describe us. It is a great reminder and vision of what we should strive for in our relationship with God.

Read: Psalm 16:1-11

Psalm 16:1

- » **Keep me safe, my God** - We pray this to remind us, God is in control.
- » **In you I take refuge** - Our security lies in God.

Psalm 16:2

- » **You are my Lord, apart from you I have no good thing** - We have to clear the worldly cobwebs. When we come into God's presence, we throw off and remember.
- » Throw off - Remove what the world tells us brings happiness from our hearts
- » Remember - Where we can always find true contentment

Psalm 16:3

- » **In the holy people are all my delight** - Our greatest relationships are with followers of Christ. We are inspired by them and honored to have them in our lives.

Psalm 16:4

- » **Those who run after other gods suffer** - Important perspective.

Q: What are the things that we can envy that seems to make people happy?

Q: Does it work? Are they really happy in the long run?

- » **I will not...** - It takes constant reminders and hard decisions to not be envious and pursue the temptations that Satan throws at us.

Psalm 16:5

- » **You alone are my portion and my cup** - God is all that we need to make us content.

Q: Are you filled with joy from your relationship with God?

Q: Do you feel complete? Joyful? Satisfied?

Psalm 16:6

The boundary lines for me have fallen in pleasant places - We should look at our life and feel honored that God has carved out exactly what we need. God puts us in the life situation we need, with the character we have, and the sin we struggle with, because he loves us.

Psalm 16:7

I will praise the Lord - Praise God regularly is a critical part of our relationship with him. It reminds us of all that we have. It helps is to keep perspective in our life.

Psalm 16:8

I keep my eyes always on the Lord - This communicates constant attention. We have to practice the presence of God.

Q: Why is this so important?

Q: How do we practically do this?

Psalm 16:9-10

- » **Therefore** - This word is a key transition. The following descriptions are dependent on the previous actions.
- » **My heart is glad** - Our gladness is directly linked to our relationship with God; our praise and our perspective.
- » **My tongue rejoices** - The words we speak are pleasant, encouraging, and hopeful.
- » **My body will rest secure** - There is a peace surrounding us.

Q: If this describes us, how will it affect our spouse?

Q: How will it affect our children?

Q: What kind of home atmosphere does it create?

You will not abandon me, nor let me see decay - It is not clear whether this statement refers to David himself, the prophetic vision of Jesus Christ, or both. What is clear is David's confidence in God's protection even after death.

Psalm 16:11

You will make known the path of life - We have great confidence that our relationship with God leads is to the most important thing, our salvation.

Q: How does this perspective help us process life's daily challenges?

You will fill me with joy in your presence - A final reminder that our joy comes from being with God. We are able to live in his presence all the time.

CONCLUDING QUESTIONS

Q: How does this study give us hope?

Q: What practical decisions do we need to make as a result of this study?